

Sorority 101

Nashville Area Panhellenic Alumnae Association

Sorority 101

Why Join a Sorority

NPC Organizations

What is Sorority

Recruitment

How to Prepare

Resume

Recommendation Letters

Legacies

Membership Expectations

Cost

Grades

Why Join A Sorority

Meet People

Develop Friendships

Support Network

Social Events

Campus Involvement

Develop Leadership Skills

Develop Professional Skills

Academic Support

Alumnae Connections

NPC Organizations

Alpha Chi Omega*

Alpha Delta Pi*

Alpha Epsilon Phi

Alpha Gamma Delta

Alpha Omicron Pi*

Alpha Phi*

Alpha Sigma Alpha

Alpha Sigma Tau

Alpha Xi Delta*

Chi Omega*

Delta Delta Delta

Delta Gamma*

Delta Phi Epsilon

Delta Zeta*

Gamma Phi Beta*

Kappa Alpha Theta*

Kappa Delta*

Kappa Kappa Gamma*

Phi Mu*

Phi Sigma Sigma*

Pi Beta Phi*

Sigma Delta Tau*

Sigma Kappa*

Sigma Sigma Sigma*

Theta Phi Alpha

Zeta Tau Alpha*



What is Formal Sorority Recruitment?

Open House
Philanthropy
Sisterhood
Preference
Bid Day

Open House

The first round of recruitment

Recruitment counselor guides you to each chapter

Introduction to the sorority

Most schools provide a T-Shirt for PNM's to wear to parties

Rank each chapter at the end of the round

Philanthropy

Smaller number of chapters on this day with longer parties

Chapters share their sorority's local and national philanthropy and how they raise funds and awareness for their cause

This is the time to share if you have a special connection to their philanthropy

Sisterhood

Fewer chapters in this round

You will start to dive into what it looks like to be a member of that chapter

Sisters will highlight their sisterhood and what they are involved in on campus

The party might include videos, presentations, sisters sharing their stories, etc.

Preference

Final round of recruitment and you will attend 1-3 parties

This is the most serious round and can be the most emotional

It is the sororities' last chance to persuade you to become their sister

You will make your final choices/rankings and sign your MRABA

Bid Day

This is the final step before becoming a sister

All PNMs gather together with their recruitment groups and open their bids at the same time

New members get to run home to their new house

New members will get a new shirt or jersey and a bag full of stuff with their new sorority letters

The day will be filled with celebrating, meeting lots of new people, and sometimes even a new member ceremony or retreat

Orientation

Recruitment Counselor

Mutual Selection

Membership Recruitment
Acceptance Binding Agreement
(MRABA)

How Do I
Prepare for
Recruitment?

Register

Research

Resume

Recommendation Letters

Resume

- Social Resume
- Include name, school, birthdate, GPA, ACT/SAT scores
- Emphasis on activities for the 4 years of high school:
 - Academic awards
 - Leadership roles
 - Clubs
 - Sports
 - Community activities and awards
 - After school & summer employment

Recommendation Letters

- Optional, not required
- If a sorority needs one, they will find it
- Ask family friends, teachers, school counselors, place of worship leaders to see if any of them are alumnae of Greek organizations
- Provide writer with resume, transcript, and picture
- Most can be submitted by members online
- Some organizations accept recs by people who know you best
- Check your college's Panhellenic website for letter deadlines
- If you cannot find a rec for an organization, contact NAPAA

Legacies

Each sorority defines its legacies differently

For most organizations, it is a variation of the daughter, granddaughter, or sister of an initiated member in good standing of the sorority

While all the NPC sororities love our legacies, most are no longer giving preferential treatment to their legacies

What are the
Expectations of a
Sorority Member?

Chapter Activities

Time Commitment

Conduct

Finances

Academics

Chapter Activities

New Member Education

Swaps

Date Parties & Formals

Greek-Wide Events

Intramural Sports

Sisterhood Events

Football Games or Other Sporting Events

Philanthropy

Big Sis - Little Sis

Initiation

Leadership Opportunities

Conduct

Each sorority has bylaws and standards of membership

You are the reflection of your sorority around campus and on social media

Members can be called to the standards committee, honor board, or executive board for violations

Financial Commitment

SCHOOL	NEW MEMBER COST*	ACTIVE MEMBER COST* (HOUSE)	ACTIVE MEMBER COST* (NO HOUSE)	MEAL PLAN INCLUDED
Alabama	\$4,166	\$7,356	\$3,696	Yes
Auburn	\$1,400	N/A	\$1,100	No
Georgia	\$1,868	\$4,359	\$1,276	Yes
MTSU	\$685 - \$950	N/A	\$400 - \$700	No
Ole Miss	\$2,300	\$4,210	\$2,160	Yes
TCU	\$876 - \$1,890	N/A	\$414 - \$1,384	No
Tennessee	\$900 - \$1,700	\$4000 - \$6000	\$700 - \$1,700	Yes
WKU	\$745-\$1,289	N/A	\$396-\$850	No

*All costs are an average per semester

Grades

Sororities have high academic expectations

Each university or college Panhellenic has a minimum GPA for recruitment

Each sorority has a minimum GPA for membership

Study Hours, Study Groups, Mentor Sisters

Why Join?

Sororities have always been a place for women to gather, educate themselves, develop as leaders and provide a sense of belonging. Sorority membership provides the opportunity to have a shared experience where members have social interactions and bond over common interests.

Why Join?

Finding Your Place on Campus

Academic Support

Mentorship

Sisterhood and Support

Scholarships

Community Service

Alumnae

A sorority is not just 4 years, it's FOR LIFE!

Join an alumnae group or Alumnae
Panhellenic group

Participate in sisterhood and service
events and meet people from different
chapters

Help young women get involved with
Greek Life

Remember

Be Yourself

Keep an Open Mind

You will end up where you are supposed to be, whether that means joining a sorority or not

It is a stressful week, but don't forget to have fun!

Additional Resources

Nashville Panhellenic Website

thesororitylife.com

Your College's Panhellenic Website, Instagram, or YouTube Page

NAPAA Scholarship

Nashville Panhellenic is giving out 6 \$1000 scholarships to high school senior women attending a college with NPC or NPHC Sororities.

Visit the Nashville Panhellenic website for more details and the link to the application
nashvillepanhellenic.org/scholarships

